

MIO

A story about safer sex and condoms



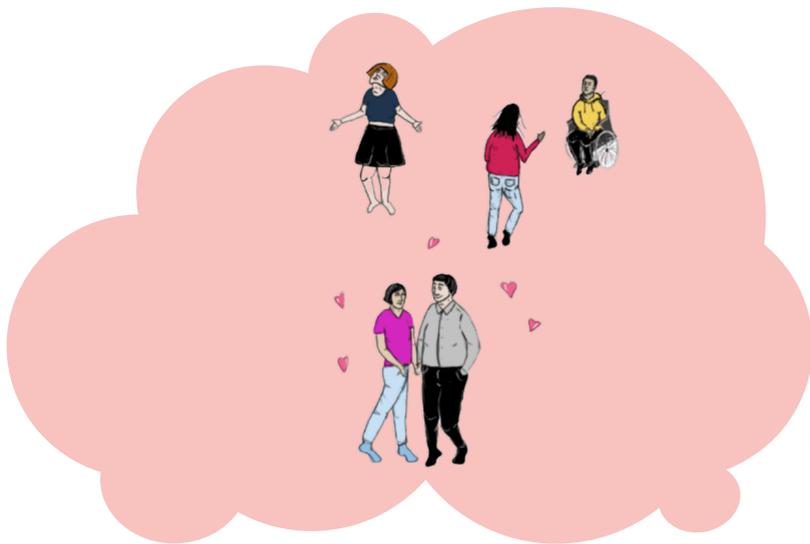
RFSU MALMÖ, 2016

This is Mio.

Mio has assisted living.

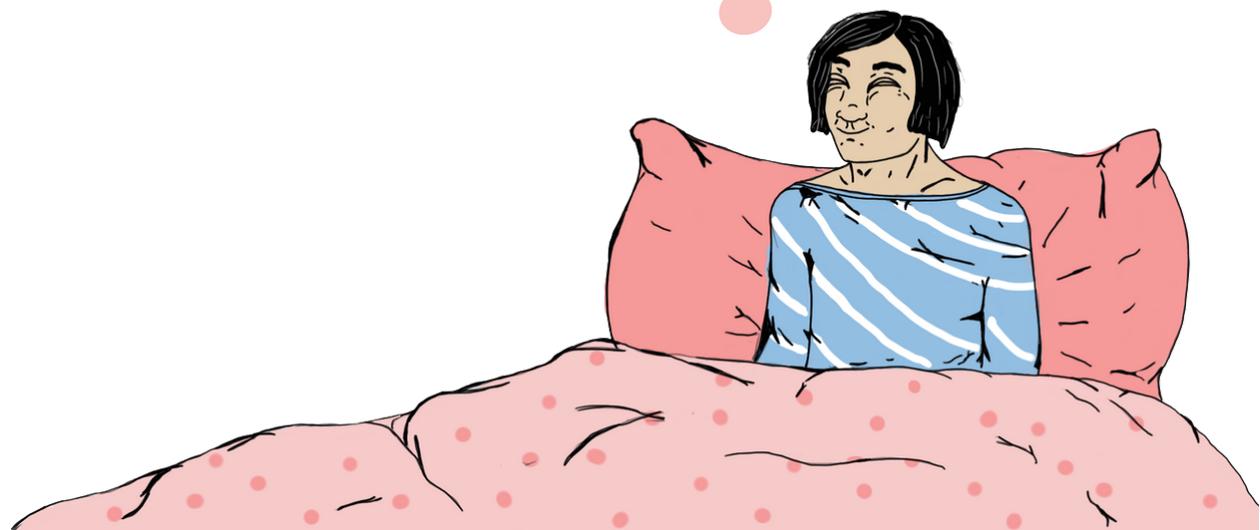
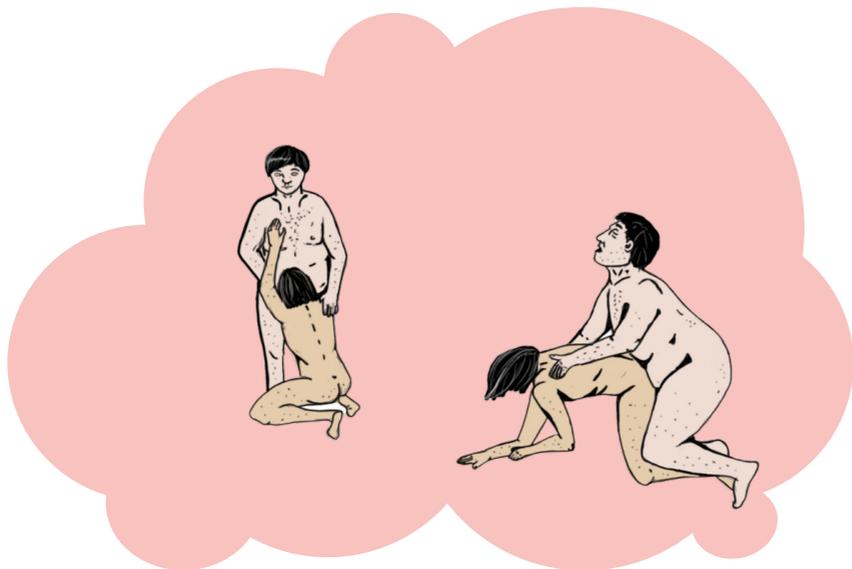


Last week Mio was flirting
with a guy at a party.



Mio and the guy have decided to see each other again at another party.

Mio would like to have sex with the guy.



What is sex?



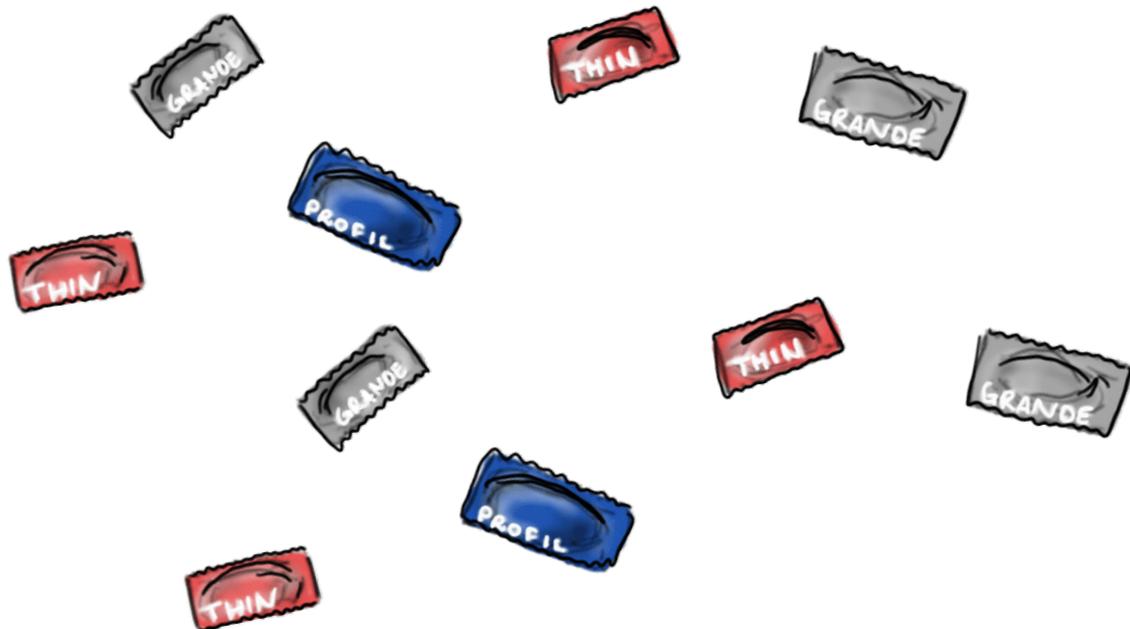
If one is planning on having sex
one might want to use protection.

What could one want to
protect oneself against?



Contraception is a way to protect oneself against STIs and unwanted pregnancies.

STI stands for sexually transmitted infections.

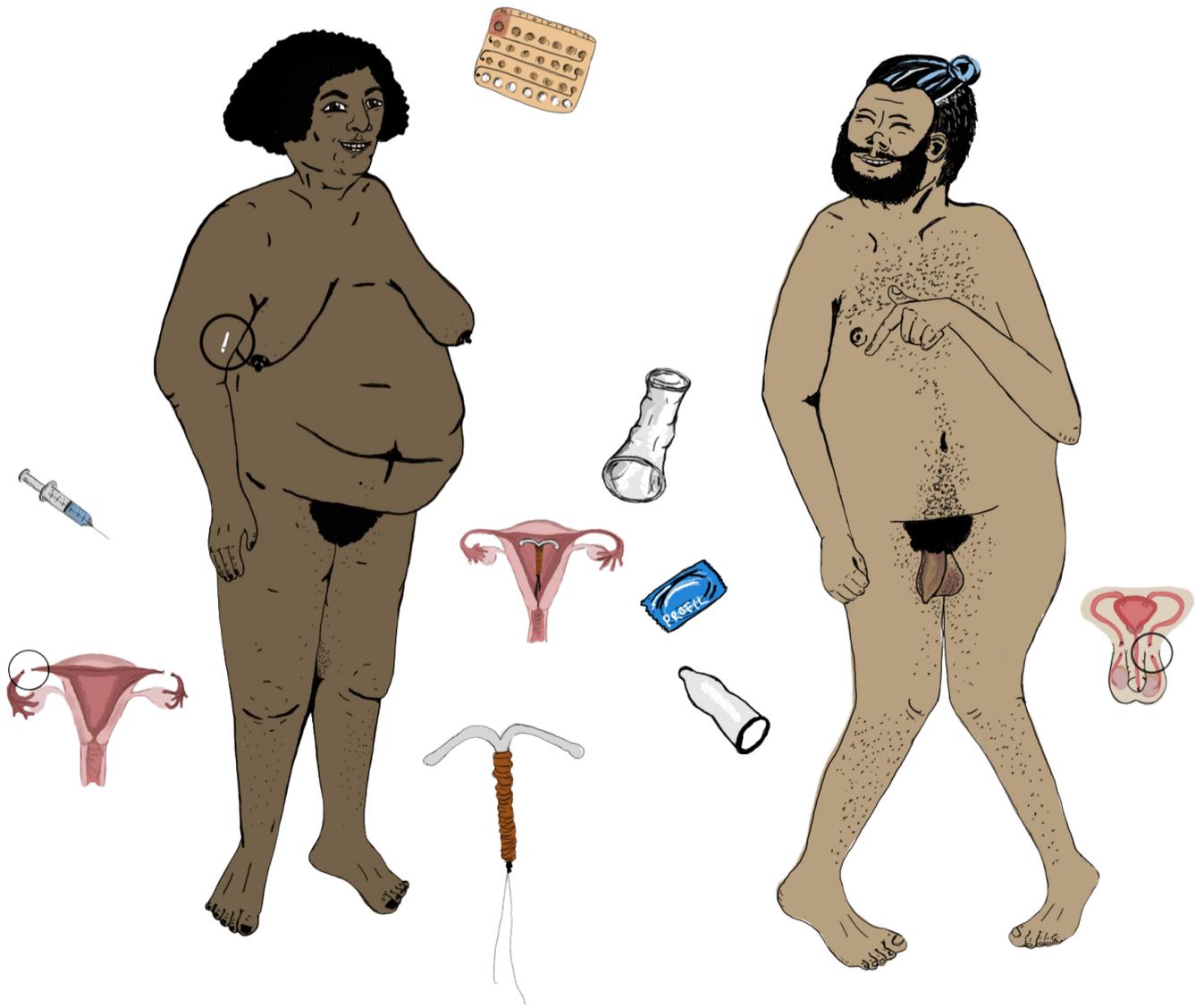


**What types of contraceptives
have you heard of?**



Here are a few different types of contraceptives:

- Contraceptive pills
- Contraceptive implant
- Contraceptive injection
- IUD (intrauterine device)
- Condom
- Internal condom
- Sterilisation



Mio wants to use a condom
if they are to have sex.

Condoms protect against both
STIs and unwanted pregnancy.



Where can Mio get condoms?



Great!

Now Mio has condoms!



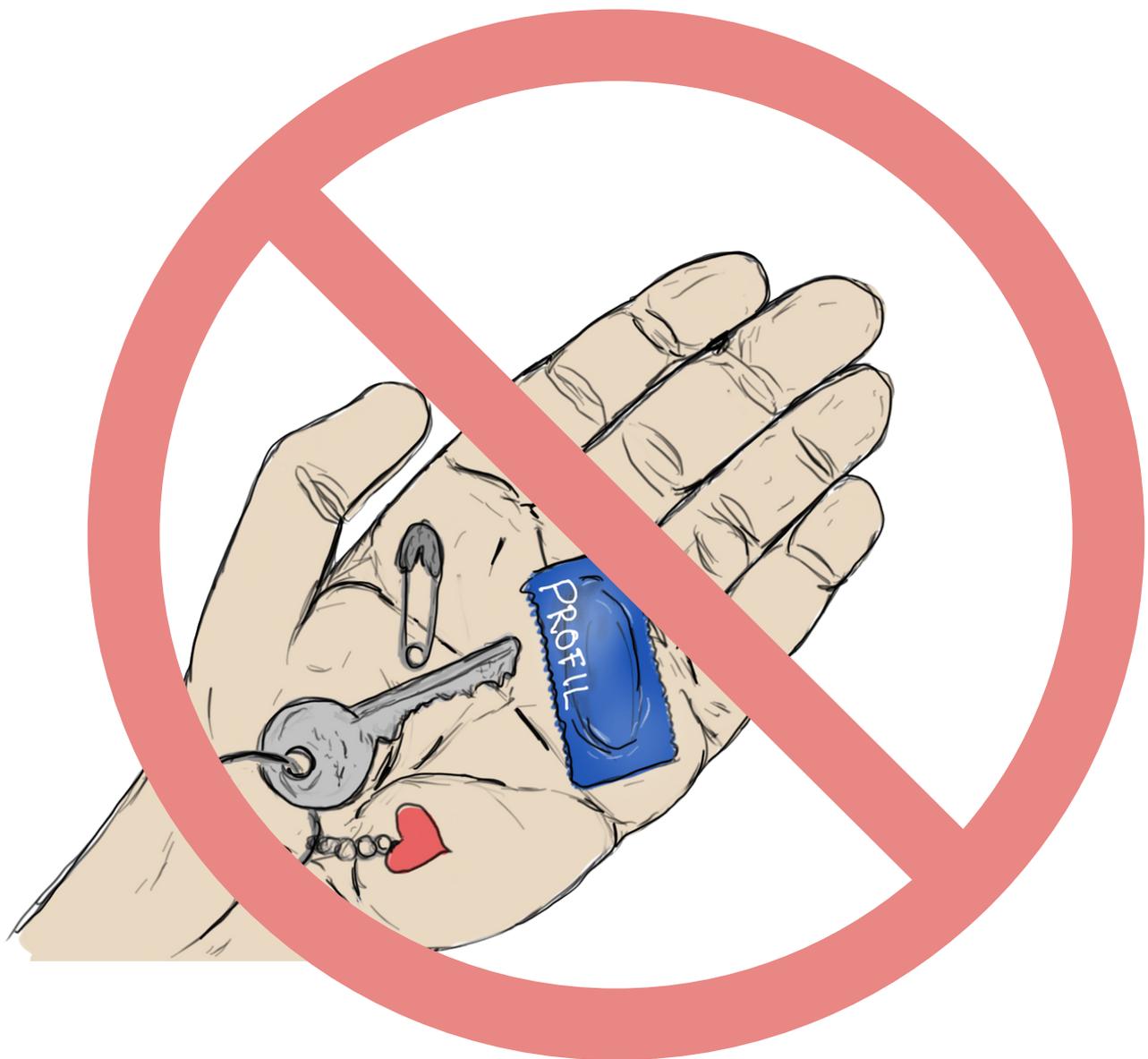
How do you think Mio felt
about getting condoms?



Where can Mio keep
their condoms?



It's important not to keep condoms with sharp or hard objects, because this can damage them.



Mio is going to a party tonight.

Mio and the guy
will meet at the party.



How many condoms
should Mio bring?



Mio arrives at the party.

They meet some friends
and talk to them.



After a while the guy arrives
at the party too.

He waves and walks up to Mio.



Mio and the guy dance,
talk, and flirt with each other.

It feels good,
and Mio still feel they want
to have sex with the guy.



After a few hours Mio asks
the guy if they should
go home together.

The guy says yes!



Home?



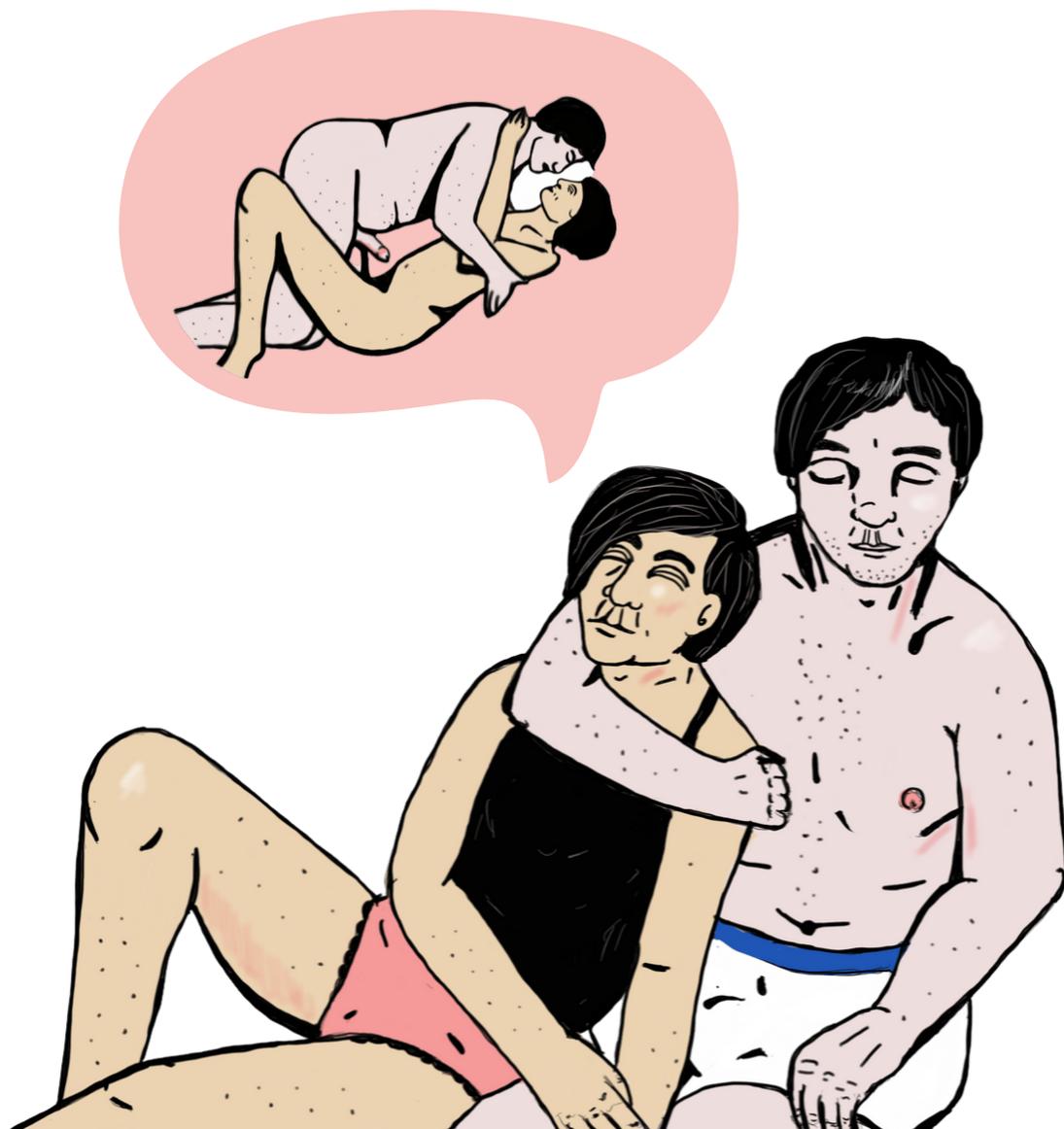
They arrive at the guy's apartment.

They kiss and touch each other with their hands.



After a while Mio asks the guy if he wants to have sex.

The guy kisses Mio and says he would like that.



Mio wants to use a condom.

How can they tell the guy this?



What happens if the guy
doesn't want to use a condom?



The Mio material is a story with questions for discussion to go along with it.

The material is adapted for people with intellectual disabilities.

The story is about safer sex and condoms.

Mio was developed in 2016 by RFSU Malmö in association with Grunden Malmö.

